

TNT Training Ltd.

TERMS AND CONDITIONS

Please read, understand and sign these Terms & Conditions before entering the facility, or registering for memberships at TNT Training Ltd.

FACILITY

The athlete/member warrants and agrees that:

- TNT Training Ltd. can have up to 50 individuals in their facility at one time, but may ask the athlete/member to wait in their car until their scheduled workout time
- They understand that TNT Training staff has the right to ask you to enter or exit the facility at a requested time
- Athlete/members under 18 years old must have a parent/guardian sign all liability forms

THE RULES

The athlete/member warrants and agrees that:

- They must only bring into the facility what is necessary to workout (e.g. water bottle & running shoes)
- They understand they must wear a face mask when entering the gym and the mask must remain on until they are ready to workout (unless they are unable to due to other health concerns)
- They understand that the mask must be worn once the workout is complete and when they exit the facility
- They must disinfect all equipment surfaces after use
- They must sanitize their hands upon entry to the facility and may be asked at any point during the workout to re-sanitize
- They understand they are responsible for physically distancing during the workout (6 feet apart)
- They understand that they may be asked not to sit or lean on any equipment that is not being used for the intended workout
- They will not bring in any outside food or drink (other than water) to the facility.
- They understand that if equipment needs to be shared during a workout that they are responsible for sanitizing and wiping the equipment down after each use
- They are required to sign a liability waiver upon entry of the facility
- They understand they must not enter the gym earlier than 10 minutes prior to the scheduled workout time
- They understand that they are to not linger in the change rooms, front lobby or upstairs after the workout is complete
- They understand that swearing and bantering is not acceptable at the facility and they may be asked to vacate the facility if they do not abide. They must be courteous and respectful of all other athletes and members
- They understand that all equipment must be returned to its original place

HEALTH & SAFETY

The athlete/member warrants and agrees that:

- They understand that it is their responsibility to share necessary information with the TNT Training staff about their health and travel history
- They understand that they are knowingly and voluntarily choosing to workout at TNT Training Ltd.
- They understand the risk imposed to them and agree to take no legal action against TNT Training Ltd. if they incur and illness or injury during their time at TNT Training
- They understand the new sanitization rules and are required to sanitize upon entry and exit of TNT Training
- They understand that if they have travelled outside of Canada it is their responsibility to not enter TNT Training until the 14-day quarantine period has passed
- They understand that they must comply to TNT staff if they are asked to vacate the facility due to showing signs or symptoms of COVID-19
- They understand they must comply with the restricted number of members or athletes allowed in the gym at one time
- They understand that they may be asked to have their temperature checked by a TNT Training staff member upon entry to the facility